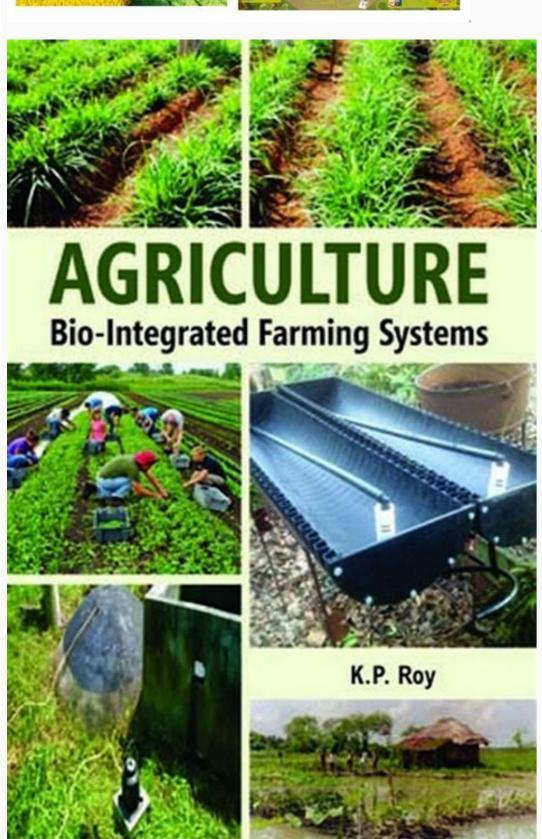
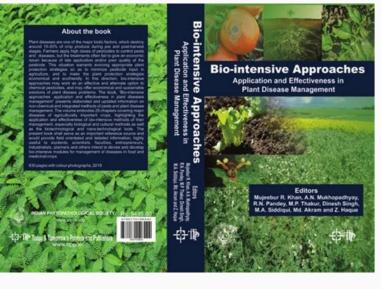
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INTENSIVE AND EXTENSIVE FARMING



Kiaira Mukiri

Environmental conservation and Bio-Intensive Agriculture in Kenya



Agriculture bio intensive définition. Agriculture bio intensive en france. Micro agriculture bio intensive. What is bio intensive farming. Agriculture bio-intensive pdf. What is intensive in agriculture.

Synonyms: Growing intensively on small organic plots Description: Using sustainable agriculture principles applied in intensive small scale situations. The bio-intensive approach to small organic plots Description: Using sustainable agriculture principles applied in intensive small organic plots Description: Using sustainable agriculture principles applied in intensive small organic plots Description: Using sustainable agriculture principles applied in intensive small organic plots Description: based upon sustainable resource use, deep soil preparation, close plant spacing, compost, diversity and companion planting and whole system awareness. The goals of biointensive farms is to recycle all nutrients, grow compost crops and trees into the farm, without excessive reliance on fossil fuels, machinery and high capital inputs. Biointensive gardening is not disruptive of the natural recycling of the soil's resource base. The backyard bio-intensive system offers a low-cost/no-cost, ecologically-sound sustainable techniques to household-level food security. Context: Compared to commercial agriculture, biointensive food-raising produces 2-6 times the food, consumes much less water, requires 50% or less of purchased fertilizer and uses 100 times less energy. Implementation: Biointensive agriculture is very suitable for mini-farms, school and backyard gardens, community supported agriculture and farmers' markets. The method is used by thousands of practitioners in 107 countries around the world including Mexico, Kenya, India, the Philippines and the USA. The basic technical concepts involved in the approach include: the use of the double-digging method of bed preparation; the application of compost and other plant nutrients; intensive planting; pest control; crop planning and the use of indigenous vegetable varieties; the use of locally available materials; and labour- rather than capital-intensive. Claim: 1. A good part of the energy saving of biointensive agriculture is that the food need not be transported over long distances. This also means food can be grown for better nutrition and flavour rather than transport hardiness A garden the size of a city driveway can grow 100 to 250 kg of food, requiring only 15-30 minutes a days of a gardener's time. 2. In contrast to the typical USA family farm of 200 hectares which nets an annual farm income of \$5,000 to \$200,000 per year from land of size 0.05 to 0.2 hectares. Facilitated by: Establishing organic standards Problems: Intensive farming Type Classification: E: Emanations of other strategies Related UN Sustainable Development Goals: Aware of intensifying world challenges and the basic need of people to feed themselves, we have been working for 50 years to develop an elegant, smallscale agricultural system — GROW BIOINTENSIVE® Sustainable Mini-Farming — that when practiced correctly, nurtures healthy soil fertility, produces high yields, conserves resources and can be used successfully by almost everyone. Our goal is to help this system be known and used locally...on a worldwide basis. To learn more about the GROW BIOINTENSIVE method, and how it works, click here. Download the GB Brochure, which includes the 8 Essential Elements of GB: Ecology Action Self-Teaching Mini-Series Booklet 38 is here! A Path to Peace and Sustainability: Growing Soil, Food and Seed In As Little As 1,000 Sq. Ft. by Matt Drewno, 2021, 76pp. Read an excerpt here. Available for purchase in print or electronic formats Biointensive gardens can help reduce global warming! Compost is Carbon Sequestration! GROW BIOINTENSIVE compost increases the amount of carbon stored in the soil, reduces the amount of water needed to grow crops, and increases the yields for both food and compost crops. Every garden planted makes a positive difference. Get our booklet Climate Change and GROW BIOINTENSIVE for FREE!: click here to download the English version haga clic aquí para descargar la version haga clic aquí para descargar la version française (~600KB file) Click here to start learning the method with our self-teaching tools! We are all part of the solution. Sponsor an International Intern for the 2022 Season. People from countries with serious food shortages and ongoing hunger in their communities to grow abundant food and fertile soil. They need help to get here. YOU are an important part of this positive action: your donation makes it possible. 1st African GROW BIOINTENSIVE Symposium (ST AFRICAN GROW BIOINTENSIVE S BIOINTENSIVE Agriculture Center of Central Kenya) to share their knowledge and experiences with biologically intensive farming. This is a video that captures the kinetic energy that came together to disseminate and expend GROW BIOINTENSIVE across Africa. Try Our Online Learning Series! In 2014, Ecology Action held a special 2-week Farmers Course in Willits, CA. During this amazing event, twelve different sustainability experts with over 250 years of combined experience lectured on a variety of topics essential for sustainability experts with over 250 years of these presentations were captured on film so we could share this unique educational experience in farming and sustainability. These films are now online, and are offered as part of Ecology Action's educational mission. Now, more people than ever before will be able to learn directly from our master farmers from the US, Latin America and Africa, and will come away from the experience equipped to begin growing sustainable and organic food and soil to build a better future for the whole world. To browse free episodes, click the link below and then scroll down to the "Extra Features" section of the Vimeo page. You can watch other episodes for only \$1.99, or purchase the whole series for \$11.99 - all proceeds help fund Ecology Action's educational programs! Click here to start watching! Watch the hope-filled story of GROW BIOINTENSIVE of Kenya (G-BIACK), a project supported by Ecology Action and its members make stories like this possible. Please donate and become part of the ecosystem of hope. Become a member of Ecology Action! 50 Years. 152 Countries. Millions of people educated. Millions of garden beds created. Billions of pounds of fertile soil grown. ...and we're just getting started. Grow Hope. Grow Abundance. GROW BIOINTENSIVE! Watch the self-teaching video series GROW BIOINTENSIVE: A Beginner's Guide from John Jeavons and Cynthia Raiser Jeavons To view the latest episodes online, or to buy the full-length series on DVD or as a gift pack with How to Grow More Vegetables, click here GROW BIOINTENSIVE Resources Since 2002, 1% for the Planet has inspired members of the business community to contribute 1% of sales to environmental groups around the world. Presented By: Evans Javasson, Sustainable Agriculture Trainer, Global Service Corp, and Joshua Machinga, Common Ground Program Bio-Intensive Agriculture (BIA) is a kind of organic farming rooted in maintaining soil fertility/ living soil. BIA is called Bio-Intensive because it maintains a natural biological balance between soil, nutrients and plants. It employs crop rotation and intensive planting to maximize harvest levels while protecting the natural soil health and the local environment. In much of Tanzania, farmers don't have the money to use pesticides and fertilizers. However in wealthier areas like the Arumeru district, which includes Arusha, farmers don't use chemicals there is a need for BIA training, as farmers are struggling to the struggling t with nutrient-deficient soil. Important aspects of BIA include: Composting Double-dug, raised beds Intensive planting Carbon and calorie farming The use of open-pollinated seeds This article by introducing more precise citations. (March 2011) (Learn how and when to remove this article peds additional citations for verification. Please help improve this article by adding citations to reliable sources. Unsourced material may be challenged and removed. Find sources: "Biointensive agriculture" - news · newspapers · books · scholar · JSTOR (May 2016) (Learn how and when to remove this template message) Biointensive agriculture is an organic agricultural system that focuses on achieving maximum yields from a minimum area of land, while simultaneously increasing biodiversity and sustaining the fertility of the soil.[1] The goal of the method is long term sustainability on a closed system basis. It is particularly effective for backyard gardeners and smallholder farmers in developing countries, and also has been used successfully on small-scale commercial farms. History Many of the techniques that contribute to the biointensive method were present in the agriculture of the ancient Chinese, Greeks, Mayans, and of the Early Modern period in Europe, as well as in West Africa (Tapades of Fouta Djallon) from at least the late 18th century. Alan Chadwick brought together the biodynamic and French intensive method. [citation needed] Sustainable bio-intensive farming (BIF) system, which emphasizes biodiversity conservation; recycling of nutrients; synergy among crops, animals, soils, and other biological approach. This is the alternative approach that can appropriately address the central issue of hunger, poverty, food / nutrition insecurity and livelihoods (Rajbhandari, 1999). It has been serving as a model for promoting ecological farms and eco-tourism for higher productions and income generation in small scale.[citation needed] System The biointensive method provides many benefits as compared with conventional farming and gardening methods, and is an inexpensive, easily implemented sustainable production method that can be used by people who lack the resources (or desire) to implement commercial chemical and fossil-fuel-based forms of agriculture. Ecology Action's research (Jeavons, J.C., 2001. Biointensive Mini-Farming Journal of Sustainable Agriculture (Vol. 19 (2), 2001, p. 81-83) shows that biointensive methods can enable small-scale farms and farmers to significantly increase food production and income, utilize predominantly local, renewable resources and decrease expense and decrease expense and energy inputs while building fertile topsoil at a rate 60 times faster than in nature (Worldwide Loss of Soil - and a Possible Solution Ecology Action, 1996). According to Jeavons and other proponents, when properly implemented, farmers using biointensive techniques have the potential to: Use 67% to 88% less water than conventional agriculture, while using a fraction of the resources. Produce 2 to 6 times more food at intermediate yields, assuming a reasonable level of farmer skill and soil fertility. Reduce by 50% or more the amount of land required to grow a comparable amount of food. This allows more land to remain in a wild state, preserving ecosystem services and promoting genetic diversity. [2] In order to achieve these benefits, the biointensive method uses an eight-part integrated system of deep soil cultivation ("double-digging") to create raised, aerated beds; intensive planting; composting; the use of open-pollinated seeds; and a carefully balanced planting ratio of 60% Carbon-Rich Crops (for sale). The following outline of the methods approximates the descriptions found in the popular biointensive handbook, How to Grow More Vegetables (and fruits, nuts, berries, grains and other crops) Than You Ever Thought Possible on Less Land Than You Can Imagine, by John Jeavons, now in its eighth edition, and in seven languages, including braille.[3] In double digging, a 12-inch (305 mm) deep trench is dug across the width of the bed with a flat spade, and the soil from that first trench is set aside. The 12 inches (305 mm) below the trench are loosened with a spading fork. When the empty space of the first trench is dug, that soil is dropped into the empty space of the first trench, and the lower layer is again loosened with a spading fork. When the soil that was removed from the first trench. The result is a bed that has been tilled to a depth of 24 inches (610 mm). When an entire bed has been double dug, the soil will have greater drainage and aeration, which allows the roots to grow much deeper and reach more nutrients. Despite the fact that no soil has been added, the bed is raised due to the aeration. It is worth noting that hard, unworked soil should be double dug each season until the soil has attained good structure and long lasting aeration. During subsequent seasons, it can be surface cultivated 2 to 4 inches (5 to 10 cm) deep with a hula hoe until compaction again becomes apparent. After double digging the first season, deep tilling during subsequent seasons can be quickly accomplished with a u-bar, particularly in the cases of larger minifarms or commercial farms. Composting allows the plants to transform and enrich the soil with organic matter, and also to return nutrients to the soil. Biointensive composting is fairly straightforward, emphasizing the health and diversity of the microbes that break down and become a part of the compost. Thus, relatively cooler composting is practiced, and plant materials are preferred over animal materials. Soil is often combined with the compost to inoculate the pile with microbes. Without human waste recycling, however, nutrients and organic matter are constantly removed from the soil (as food that is consumed by the farmer) and flushed away. Therefore, when safe and legal human waste recycling is possible—as in many places it already is—that fertility can, and should, be returned to the soil. Another great unappreciated source of compose in the soil, where they help to both fertilize and "sew it together", creating stable soil structure. Thus, crops such as alfalfa, which has exceptionally deep roots, and cereal rye, which has a particularly high volume of roots, are valued. The soil air from the development of deep soil structure, combined with the microbe- and nutrient-rich compost allow the crops to be planted intensively To plant intensively, beds are 4 to 6 feet (1.2 to 1.8 m) wide, usually 5 ft (1.5 m) and at least 5 feet (1.5 m) and at least 5 feet (1.5 m) forming a bed of 100 square feet (1.0 m²). Crops are not planted in traditional rows according to a square pattern, but are planted in traditional rows according to a square feet (1.0 m²). unused. These wide beds and close spacings not only allow more plants per area (up to 4 times as many), but also enable the plants to form a living mulch over the soil, keeping in moisture and shading out weeds. Additionally, whenever possible seedlings are started in flats or nursery beds, so that more garden space is available to large plants and so that the seedlings can be more closely spaced before transplant, forming a living mulch in the flat as well. Companion planting and in time, which is traditionally called companion planting can be used to improve the health and growth of crops, and also as another form of intensive plants with fast growing plants with fast growing plants with deep rooting plants or slow growing plants or slow growing plants with fast growing plants with deep rooting plants with deep rooting plants or slow growing plants with fast growing plants with fast growing plants or slow growing plants with fast the least amount of energy or effort to achieve the greatest amount of work or production), composting—including safe and legal human waste recycling—the use of open pollinated seeds, and limited land use, which allows farmers and gardeners to retain more of the land in a wild state for genetic diversity and an ecosystem balance. If carbon or compost crops are grown in about sixty percent of the cultivated land, they can provide the compost crops, but provide both food and abundant compost. Some of the compost crops may be grown during the winter, when the land would be otherwise unused. Certain compost crops are higher in carbon while others are higher in nitrogen and/or fix nitrogen and concentrate them in the compost, thus allowing a redistribution of those nutrients to the food crops. This proportion of 60% compost crops is crucial to the sustainability that is the goal of the biointensive method, and to the fertility of the garden. In calorie farming, care is given to growing enough food energy (and other nutrients) to live on in a minimal area. Root crops are often used in calorie farming because they allow biointensive farmers and gardeners to grow more nutrients in smaller areas, resulting in less labor per calorie, and more space for wilderness and other people. These crops—which have both a high calorie content per pound, and a high yield per area—include potatoes, sweet potatoes, garlic, leeks, burdock, Jerusalem artichoke and parsnips. These crops can produce as much as 5 to 20 times the calories per unit of time. In biointensive farming, 30% of the land cultivated for root crops. The use of open pollinated seeds ensures genetic diversity, and allows the farmer to be self-sufficient, harvesting seeds from his or her own plants, and cultivating varieties which are best suited to that particular region. The Whole System: biointensive experts emphasize that because these techniques can result in intense productivity and high yields, the system must be practiced as a whole in order to prevent rapid soil exhaustion. The goal of the biointensive method is sustainability, but if the techniques concerning productivity are practiced without integrating the techniques concerning sustainable soil fertility is the growing of 60% compost crops proper composting techniques that incorporate the right balance of mature carbonaceous brown and green nitrogenous compost materials, and when possible, safe and legal human waste recycling. Animals The biointensive method typically concentrates on the vegan diet. This does not mean that biointensive farming must exclude the raising of animals. Animals, while not considered by biointensive practitioners to be sustainable, can be incorporated into biointensive systems, although they increase the amount of land and labor required considerably. The following is excerpted from an article on the topic of integrating animals into a biointensive system from the "Frequently Asked" Questions" page on Ecology Action's website: Livestock can fit into a [biointensive] system, but it usually takes a larger area [than growing a vegan diet]. Normally it takes about 40,000 sq ft of grazing land for 1 cow/steer (for milk/meat/wool), or 2 sheep (for milk/meat/wool). [In contrast] With [biointensive] and maximizing the edible calorie output in your vegan diet design, one person's complete balanced diet can be grown on about 4,000 sq ft—a much smaller area. The challenge [to growing animals for food] is that by 2014, 90% of the world's people will only have access to about 4,500 sq ft of farmable land per person, if they leave an equal area in a wild state to protect plant and animal genetic diversity and the world's ecosystems! As you will see from the information that follows on the land requirements for incorporating livestock, this becomes a challenge. The article goes on to estimate the square footage required to grow fodder for various animals (and compost to replenish the soil), and provides a discussion on whether animal manure should be used as a fertilizer/compost supplement. Promotion In 2010, the UNCCD (United Nations Convention to Combat Desertification) posted an article detailing the benefits of biointensive agriculture. Martin Fortier Biointensive Agriculture Southside Community Land Trust - city farm in located in Providence, Rhode Island, which uses the biointensive agriculture Sustainable intensive agriculture References ^ "Biointensive agriculture". ^ John Jeavons, How to Grow More Vegetables: And Fruits, Nuts, Berries, Grains, and Other Crops Than You Ever Thought Possible on Less Land Than You Can Imagine ISBN 1-58008-233-5; "Biointensive agriculture". ^ John Jeavons, 10 Speed Press, 2012. 256p. Further reading Carol Cox, John Jeavons, The Sustainable Vegetable Garden: A Backyard Guide to Healthy Soil and Higher Yields ISBN 1-58008-016-2 External links Ecology Action, Willits, CA John Jeavons In addition to Ecology Action, which provides public outreach in the form of workshops, internship and apprenticeship programs, and public tours of their biointensive research mini-farm in Willits, CA, examples of groups and organizations around the world that use and teach biointensive techniques are: Biointensive Agricultural Centre (MHAC), also in Kenya Common Ground for Africa (CGA)[permanent dead link] Las Canadas in Aguascalientes, Mexico Ecología y Población A.C. (ECOPOL) in Mexico Biointensive for Russia (BfR) Comunidad Biointensiva - a Spanish-language social networking site for people interested in biointensive agriculture and sustainability. Ecology Action's Spanish-language website: The Salt Lake City Green Program which maps the city's farmable land and uses biointensive as a reference point to enable its residents to determine how much food their land can produce. The Center for Agroecology & Sustainable Food System Retrieved from "

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